



# **Safe Sleep Resources**

#### **Ohio Department of Health**

Learn more about Safe Sleep from the Ohio Department of Health. This site offers Safe Sleep 101 videos in Spanish, Arabic, Nepali, Somali, Burmese, Karen and African French.

#### **Akron Children's Hospital**

Akron Children's Hospital has been caring for children since 1890, and our pediatric specialties are ranked among the nation's best by U.S. News & World Report. With two hospital campuses, regional health centers and more than 50 primary and specialty care locations throughout Ohio, we're making it easier for today's busy families to find the high-quality care they need. We also operate neonatal and pediatric units in the hospitals of our regional health care partners. With the launch of our Quick Care Online virtual visits and Akron Children's Anywhere app, we're here for families whenever and wherever they need us.

In addition to the <u>Safe Sleep Academy</u> website, Akron Children's offers a variety of resources to support parents including the <u>Nurturing Families Program</u>, car seat and <u>injury prevention tips</u>.

## American Academy of Pediatrics offers resources for the medical providers on:

- Safe Sleep
- Breastfeeding
- Immunizations

The American Academy of Pediatrics offers resources for parents at HealthyChildren.org

### **Cribs for Kids**

Learn about Safe Sleep and how to assure that babies sleep safer. This website also lists other Cribs for Kids partners, how hospitals can become safe sleep certified and assistance for families who have lost a child.